**CURRICULUM VITAE**

(8/16/23)

**NAME:**Doug Plata, MD, MPH

**CONTACT INFORMATION:**

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**LANGUAGES:**

Primarily language: English

Some fluency: Spanish

**LICENSURE / BOARDING / CERTIFICATION:**

G84152 California – Physician

Boarded eligible in Family Practice

Boarded eligible in Preventive Medicine

DOT certified - 4978747243

**EDUCATION:**

2007-2012 Certificate in Lifestyle Intervention, Loma Linda University, Loma Linda,
California.

9/97-9/98 Preventive Medicine Resident, Loma Linda University Medical Center,

Loma Linda, California

7/94-6/97 Family Medicine Resident, Spartanburg Regional Medical Center

Spartanburg, South Carolina

6/91-7/92 Masters in Public Health, International Health, Loma Linda University,

Loma Linda, California

8/89-5/94 MD, Loma Linda University, Loma Linda, California

6/85-6/89 BS, Biophysics, BS Biology, Loma Linda University / La Sierra Campus,
La Sierra, California

**WORK EXPERIENCE:**

1/99-present Physician, Concetra Medical Group, Rancho Cucamonga, California. Providing occupational, urgent care, & telemedicine services.

1999-2017 Physician, Weimar Institute, California. Periodic coverage for physicians
providing Lifestyle Medicine at a live-in lifestyle intervention program.

11/98-1/99 Physician, Employee Health, Kaiser Permanente-Fontana, California.  Part-time
coverage for physician on sabbatical.

**CROSSCULTURAL / INTERNATIONAL EXPERIENCES:**

2018 2 weeks, Jordan refugee medical relief trip. Headed the team evaluating the medical needs of Middle East refugees in Amman, Jordan.

2013 3 weeks, Philippine typhoon medical relief trip. Traveled throughout the island of Leyte conducting field clinics with an international team.

2010 3 weeks, Haiti earthquake medical relief trip. Served as the medical director for the expatriate team at a hospital in Haiti doing a variety of administrative and clinical duties.

2002 3 weeks, Kenya Share Him program. Organize and presented a series of health lectures tailored for that context.

1999 10 days, Honduras medical missions / church building trip.  Serving hurricane
victims.

1996 Moonlighted for South Carolina Department of Health and Environmental Control, migrant clinic.

1995 2 weeks, Goal 50,000 Voice of Prophecy evangelistic team.  Was team physician

and health fair & health talk coordinator for a team from my local SDA church.

1994 2 1/2 months, Mission Elective with Kendu Bay Adventist Hospital and

ADRA/South Sudan. wrote a proposal for a primary care clinic system which

was funded by USAID for a half million dollars.

1993, 1997 School physicals for La Vida Mission School, New Mexico while a student at
LLU.

1992 2 1/2 weeks, Integrated Community Development class (for MPH), Honduras.

Saw first-hand a large variety of development projects.

1989-1994 Several week-end trips to Mexico for Students for International Missions Service (SIMS) while at LLU.  Provided primary care and optometry services.

**PRESENTATIONS:**

2017 “Reducing Cost by Extending Crew Stay for Missions to the Moon and Mars”,
AIAA SPACE Conference.

1999-2017 Health lecturer, NEWSTART Program, Weimar Institute, Weimar, California.

2008-2017 Health lecturer, Reversing Diabetes Program. Developed and gave a set of health lectures to lifestyle patients.

1999 "Adventist Health International: New Approaches to Medical Missions", Annual

Post-graduate Convention, Loma Linda, CA.

1995 "Effectiveness of a SOAP-based computerized clinical reminder

system", Society of Teachers in Family Practice, Louisville, KY

**SPECIAL SKILLS:**

Organizational skills - Have participated in the organization of three student clubs and a nation-wide lifestyle medicine association.

Public speaking - Have spoken on numerous occasions for student government, smoking cessation, diabetes education, and scientific conferences.

Computer programming and web page development - Have developed a number of websites and health-related programs including an EMR during residency.

**REFERENCES:**

Available upon request